

Fiesta Taco Dip

INGREDIENTS

- 24 oz cottage cheese
- 1 cup shredded Mexican cheese blend or cooked quinoa (or both)
- 2 tbsp sodium free taco seasoning or make your own blend of chili, garlic & paprika powder.
- 1/4 cup chopped jalapeños
- 1 cup chopped tomatoes or salsa cilantro

DIRECTIONS

Put all ingredients into food processor
Serve with sweet peppers, cucumbers, or other dippers.

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