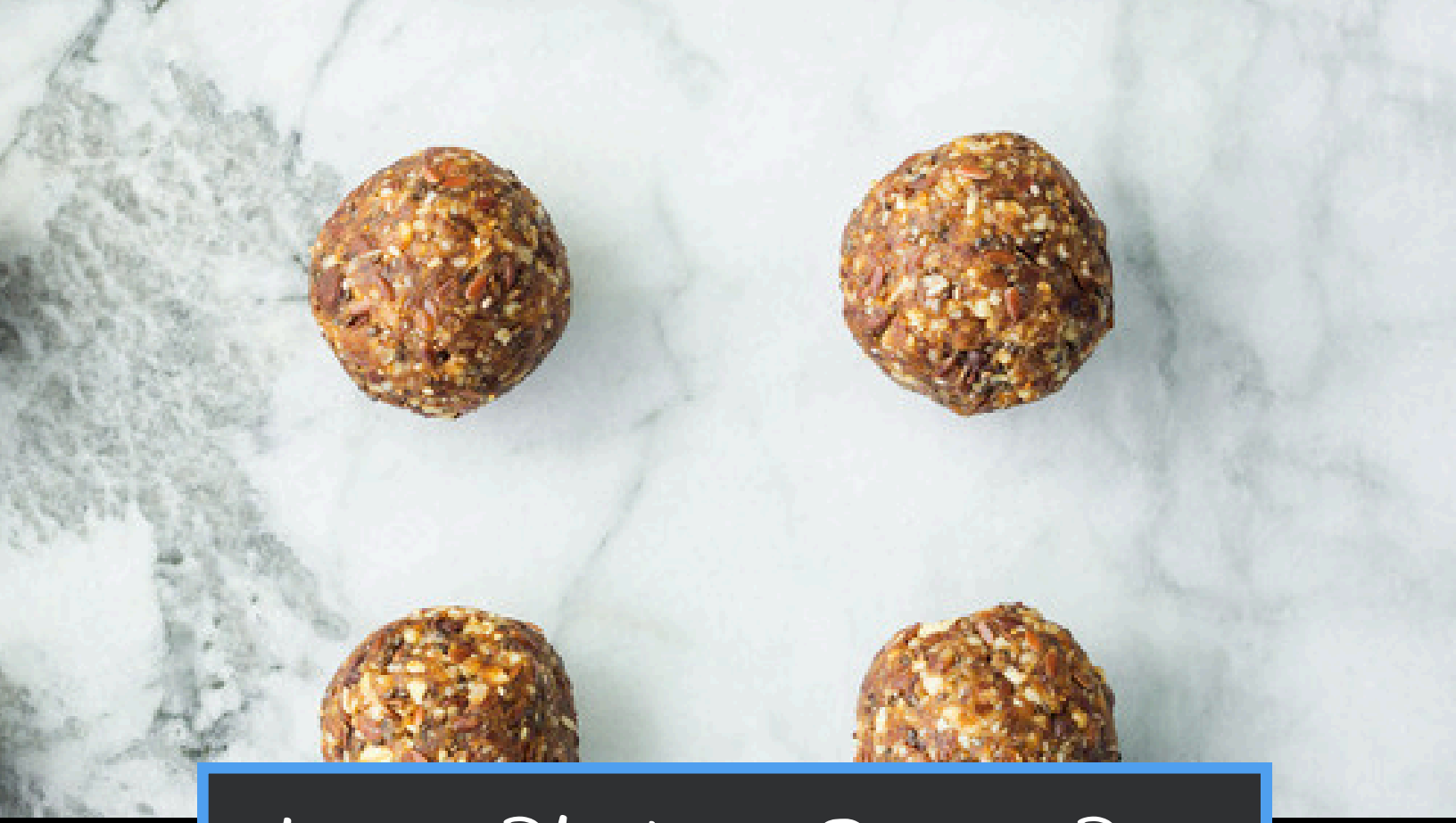


Lemon Blueberry Protein Bite

INGREDIENTS

- 1tbsp vanilla protein powder
- 3 tbsp oats
- 1 packet cashew or almond butter
- 1.5 tsp lemon peel
- 2 tbs dried blueberry
- 1 tbsp water
- pinch of sale

DIRECTIONS

Combine all ingriedents in mixer.
Form into balls *1 tbsp.
Optional- Add lemon juice instead of water
*store in refrigerator or freezer.

Wunsupona