

Mango Pineapple Salsa

INGREDIENTS

- 2 cups frozen or fresh mango cut into tiny cubes
- 1/4 jalapeños to taste
- juice of one lime
- 2 chopped red peppers
- chopped cilantro or parsley to taste
- red onion chopped to taste
- 1 lemon
- garlic powder
- salt & pepper to taste
- optional
- 1 red pepper
- 1/2 cup frozen corn
- 1 ripe avocado

DIRECTIONS

Mix together all chopped ingredients. Let set to allow flavors to mingle and use as a topping over anything!
Serve with chips of your liking.

Option to make your own pita chips

- 1 pita bread or tortilla
- olive oil spray
- garlic powder

Heat oven to 350F.
Spray tortilla or pita with baking spray.
Sprinkle with garlic powder or garlic salt.
Bake 4-6 minutes and flip. Bake until golden brown.

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