

Turkey Chili

INGREDIENTS

- 1 lb ground turkey
- 8-10 tbsp chili powder (or to taste)
- 2 tbsp minced garlic (or to taste)
- 2 tbsp turmeric
- 5 cans rinsed no salt added beans
- 1 bottle N/A IPA beer
- 1 can crushed tomatoes
- 1 lg can diced tomatoes
- 2 cups frozen corn
- 2 bell peppers chopped
- 1 sweet onion chopped
- 1 bag frozen spinach
- 4 tbsp hot sauce (optional)
- Serves 6-8

DIRECTIONS

Add all ingredients to crockpot. Let cook on high for 3 hrs (stir frequently). Serve with shredded cheese and crackers if desired. If you want to give a different flavor profile you can add some turmeric.

Wunsupona